



# COVID-19 & EPILEPSY

EAA is there to support with any information that you might need. Email: [epilepsyallianceafrica@gmail.com](mailto:epilepsyallianceafrica@gmail.com)

Please stay safe and follow guidelines provided by your government.

## **Our message to epilepsy organizations**

- Keep your members up to date with correct information.
- Lobby governments to ensure medicines and essential services for people with epilepsy remain available.

## **Our message to people with epilepsy**

- Do not stop taking your treatments
- Remain strong, we know you are resilient but be careful of triggers.
- Remain connected to friends, family & community.
- Remain connected with service providers: doctors, nurses, social workers, counselors and advocates.

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**Muungano wa Kifafa Afrika**  
**Alliance Africaine contre l'Epilepsie**  
تحالف الصرع الأفريقي  
**Epilepsia áfrica aliança**

United  
against  
seizures  
& stigma

