

NAMING AND CALLING EPILEPSY WHAT IT IS REDUCES STIGMA AND INCREASES ACCEPTANCE.

The Epilepsy Alliance Africa (EAA) Recommends Using Names in Green Area.

acceptance

Use names associated with the brain, they reduce stigma

Some names about symptoms like falling, 'fitting' & forgetting may increase stigma

Names associated with mental illness or breakdown increase stigma

Do not use names associated with spiritual/religious/cultural beliefs e.g. names from Holy books highly increase stigma

Yes, epilepsy is a condition of the brain. It is not contagious. It is largely manageable with medication and other modalities.

stigma

